

DAILY AGENDA

SUNDAY, November 7 OPENING DAY

Noon	Locker Room Opens – Locker Assignments
2:00 pm	<u>Optional Workouts</u> <u>Veteran Campers</u> – Wear BP/Grey Uniforms <u>Rookie Campers</u> – Wear White Uniforms <u>Afternoon Work Schedule</u> (Building 42, Strings, Field #1) <ol style="list-style-type: none">1. Safety Regulations2. Stretching with trainers3. Hitting instruction/Practice4. Defensive Skill Work – infield, outfield, catching, pitching instruction
5:00 pm	<u>Instructors & Staff Meeting</u> – Building 42
6:30 pm	<u>Cocktails and Dinner</u> Baseball Poetry – Lewis Leader

MONDAY, November 8 WELCOME

Some suggestions to stay healthy:

1. Stretch every day – morning & afternoon.
2. Do not push your running & throwing the first couple of days. You do not need to impress anyone.
3. Follow all safety regulations.
4. Drink lots of water and use sunscreen every day.
5. Treat any injury early – no matter how small – in training room.
6. Be a good team member – try new positions.
7. Stay calm and cool with the umpires – everyone makes mistakes.
8. Swing the bat – strike zone will be larger here.
9. Ask questions of the Dodger greats. They will be happy to help you.
10. Have fun – enjoy your camp!

7:00 - 8:15 am	<u>Breakfast</u> - At Hotel or Complex
8:15 - 8:55 am	<u>Dress in Clubhouse</u>

Mark all equipment with **locker number** (not uniform number) and **name** (except white inner socks). Please leave all jewelry and money in hotel or Front Office safe. **DO NOT LEAVE THESE ITEMS IN YOUR ROOM or IN YOUR LOCKER.**

Veterans	– Dress in BP/grey uniforms
Rookies (to this camp)	– Dress in white uniforms

9:00 - 9:30 am **Meet at Holman Stadium**

PLEASE BE PROMPT. All players and instructors in uniform. Instructors in third base dugout –
Players in stands directly behind.

Welcome to Dodgertown – Rick Monday
Camp Rules
Safety Rules
Training Room Regulations
Team Makeup
Trying New Positions

9:30 am **Photo Shoot : Instructors with Campers** – Holman Stadium
9:30 – 10:00 am **Easy stretching and running** – Holman Stadium – Training Staff
10:00 – 11:45 am **Morning Station Workout**

Campers divided into four or more groups. Each group will move as directed by coaches through stations for instruction and evaluation.

Hitting Instruction	Indoor Batting Cages All campers: Wear a helmet. Be sure machines are off before you enter and exit cages.
Pitching / Catching	Strings Area Catcher must wear a mask.
Outfield Play	Field #1
Infield Play	Building 42

Noon – 1:00 pm **Lunch** – Conference Center/Dining room/Tent
Coaches meet in Building 42 for “Player Draft.”

Team assignment will be posted on clubhouse / locker room walls

Campers change uniforms according to PM game schedule:

Home team - **White**
Visiting team - **Grey/BP**

1:00 – 1:30 pm **Teams report** for BP / Pre game warm up:
1:30 - 4:30 pm **GAME 1** – Coaches pitch (9 innings)
Home Team 3rd Base Dugout
Game Rules: No walks or wild pitches. **Integrity Rule** in effect.

6:30 pm **Cocktails**
7:00 pm **Dinner**
After Dinner:

Greetings from Rick Monday
Introduction of wives & special guests
Awards for today's games
Program – 1981 World Series - Player's perspective
Question & Answer Session
9:00 pm **Rap Session With Instructors** – Tent Area

TUESDAY, November 9

7:00 - 8:15 am **Breakfast** - At Hotel or Complex
8:15 - 8:45 am **Dress in Clubhouse**
8:45 - 9:00 am **Stretching** - Field #1 – Training Staff
9:00 – 9:30 am Warm up
9:30 - 12:00 pm **GAME 2** - (7 innings, Camper pitch)
Noon – 1:00 pm **Lunch**
1:00 – 1:30 pm Warm up
1:30 - 4:00 pm **GAME 3**- (7 innings, Camper pitch)
6:30 pm **Cocktails**
7:00 pm **Dinner**
“Here Come Da Judge”
Awards for Today's Games
The Infield (Garvey and Russell)
State of the Game (Wallace and Reed)
Question & Answer Session
9:00 pm **Rap Session With Instructors**

WEDNESDAY, November 10

7:00 - 8:15 am **Breakfast** - At Hotel or Complex
8:15 - 8:45 am **Dress in Clubhouse**
8:45 - 9:00 am **Stretching** - Field #1 – Training Staff
9:00 – 9:45 am **Photo Op with *Dodger Coaches***
9:45 - noon **Station workout by team and photo opts**
Noon – 1:00 pm **Lunch** – Clubhouse
1:00 – 1:30 pm Warm up
1:30 - 4:30 pm **GAME 4**- (9 innings, Camper pitch)
6:30 pm **Cocktails**
7:00 pm **Dinner**
Awards for Today's games
Home grown entertainment
9:00 **Rap Session With Instructors**

THURSDAY, November 11

7:00 - 8:15 am	<u>Breakfast</u> - At Hotel or Complex
8:15 - 8:45 am	<u>Dress in Clubhouse</u>
8:45 - 9:00 am	<u>Stretching</u> - Field #1 – Training Staff
9:00 – 9:30 am	Warm up
9:30 - 12:00 pm	<u>GAME 5</u> - (7 innings, Camper pitch)
Noon – 1:00 pm	<u>Lunch</u>
1:00 – 1:30 pm	Warm up
1:30 - 4:00 pm	<u>GAME 6</u> - (7 innings, Camper pitch)
6:30 pm	<u>Cocktails</u>
7:00 pm	<u>Dinner</u> “Here Come Da Judge” Awards for Today’s Games – Announce All Stars '65 – Osteen/Torborg – '88 – Hatcher/Leary Question & Answer Session
9:00 pm	<u>Rap Session With Instructors</u>

FRIDAY, November 12

7:00 - 8:15 am	<u>Breakfast</u> - At Hotel or Complex
8:15 - 8:45 am	<u>Dress in Clubhouse</u>
8:45 - 9:00 am	<u>Stretching</u> - Field #1 – Training Staff
9:00 – 9:30 am	Warm up
9:30 - 12:00 pm	<u>GAME 7</u> - (9 innings, Camper pitch)
Noon – 1:00 pm	<u>Lunch</u>
1:00 – 1:30 pm	Warm up
1:30 - 4:00 pm	<u>ALL STAR GAME</u> – Holman (9 innings, Camper pitch)
6:30 pm	<u>Cocktails</u>
7:00 pm	<u>Dinner</u> Camp Awards Hall of Fame Announcements